## Interviewing Tips: Putting Your Best Foot Forward

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#### **OBJECTIVES**

- Explain the current trends used in writing a professional resume.
- Describe at least three positive and three negative personality traits and describe how to emphasize/deemphasize these during an interview.
- List professional behaviors that RC managers are looking for in potential applicants.

### What Employers Want

#### **CORE COMPETENCY**

 A core competency is fundamental knowledge, ability, or expertise in a specific subject area or skill set. The core part of the term indicates that the individual has a strong basis from which to gain the additional competence to do a specific job or that a company has a strong basis from which to develop additional products.

### RC CORE COMPETENCIES

KNOWLEDGE-BASED?

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SKILL-BASED?

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ATTITUDE-BASED?

### Example

- Demonstrating effective verbal and non-verbal communication (including facilitation of alternative mechanisms of communication);
- 2. obtaining consent for a test or procedure;
- 3. collecting information about the environment (including safety and equipment);
- 4. assessing information collected;
- 5. setting up equipment (including flowmeters, pressure reducing valves, regulators, blenders, oximeters, manual ventilator);
- 6. performing a patient assessment (including assessing vital signs, air entry, level of consciousness);
- 7. administering a therapeutic modality or demonstrating a procedure (including insertion and/or management of adult oropharyngeal airways, administration of medical gases, aerosols or humidity, and manual ventilation); and
- 8. performing cardiopulmonary resuscitation (including the management of obstructed airways).

### THE JOB SEARCH

- Where to look
  - Clinical Rotations
  - Peers
  - Newspaper Ads
  - Internet
  - Recruiter
- Cold Calls

#### THE RESUME

- BE BRIEF
- BE PROFESSIONAL
  - Presentation
  - Delivery
- EMPHASIZE CORE COMPETENCIES
  - Skills
  - Training
  - Experience
  - Successes

#### The Interview

- You are driving along in your car on a wild, stormy night and it's raining heavily. You pass by a bus stop, and you see three people waiting for a bus:
  - An old lady who looks like she is about to die.
  - An old friend who once saved your life.
  - The perfect partner you have been dreaming about.
- Which one would you choose to offer a ride to, knowing you can only fit one passenger in your car?
- ANSWER: "I would give the car keys to my old friend and let him take the lady to the hospital. I would stay behind and wait for the bus with the partner of my dreams.

# THE INTERVIEW: PART I – Preliminary Issues

- Do your homework.
  - Know the hospital/system
  - Find out about the interviewer(s)
- Rehearse
  - Facial Expressions
  - 60 Second Personal Statement
  - Practice Questions (Gee, what would they ask me?)
  - Body Language
  - 4-5 Questions back
- Catalog Your Skills (Resume)

# THE INTERVIEW: PART I – Preliminary Issues

- The Dress
  - Conservative
  - Professional
  - "Ready and Enthusiastic"
- Timing
  - Allow extra time. Know where you are going.
  - "The Handwash"

## THE INTERVIEW: PART II – The Interview

- Greeting
- Be Polite
- Be Confident, but not Cocky
- Focus on your strengths
  - Fact Sheet/Resume
- Put yourself in the interviewer's shoes
- Prepare some questions back.
- Watch for Non-Verbals
- LISTEN/Don't Talk too much

# THE INTERVIEW: PART II – The Interview (cont.)

- Don't be too familiar
- Eye Contact
- Voice Tone and Volume
- Use appropriate language
- Take your time answering questions
- Don't appear desperate.
- Money
- RELAX

### "REMEMBER, IN THIS COUNTRY THEY CAN'T SKIN YOU AND THEY CAN'T EAT YOU – SO RELAX"

Hedtec

## TOP 11 INTERVIEW QUESTIONS

- Tell me about yourself?
- What Are Your Weaknesses?
- Why Should We Hire You?
- Why Do You Want to Work Here?
- What Are Your Goals?
- Why Did You Leave (Are You Leaving) Your Job?
- When Were You Most Satisfied in Your Job?
- What Can You Do for Us That Other Candidates Can't?
- What Are Three Positive Things Your Last Boss Would Say About You?
- What Salary Are You Seeking?
- If You Were an Animal, Which One Would You Want to Be?

### THE BEHAVIORAL INTERVIEW

- Questions designed to elicit personal recollection of how you handled a situation or problem in the past.
- VERY EFFECTIVE
- "Tell me about a time..." or "Can you give me an example" – Success Stories
- "Tell a Story" (PAR)
  - Beginning Why you did it (Problem)
  - Middle How you did it (Action)
  - End What was the outcome/result (Result

### REFERENCES

- Ask first
- Be careful

#### AFTER THE INTERVIEW

- ASAP Write down your thoughts and feelings
- Later, review what you wrote and do an assessment
- Follow-up letter
- Practice for next time (even if you get the job)

#### INTERVIEW vs. DATE

- First Impressions/Chemistry
- Getting to Know Each Other period (Validation Period)
- Past Experiences (The horror stories)
- Questioning Period ("Do you have any questions?")
- Warning Signs (Bad Experiences)
- Meeting the Family (The Tour)
- The Competition
- The Commitment