

UNIVERSITY OF MICHIGAN –FLINT AND BEAUMONT INTERPROFESSIONAL EDUCATION EVENT

The School of Health Professions and Studies at the University of Michigan-Flint and Beaumont cordially invite you to attend our interprofessional seminar on Enhanced Recovery After Surgery (ERAS).

ENHANCED RECOVERY AFTER SURGERY

Program: Enhanced Recovery After Surgery is a multimodal and multidisciplinary approach for colorectal and orthopedic surgeries. Key components of ERAS are optimization of medical co-morbidities, effective preoperative patient education, evidence-based peri-operative care within a multidisciplinary team, non-opioid multimodal analgesia, early mobilization and discharge.

Objectives: After this session, the participant will be able to:

1. Describe the extent of the opioid epidemic, the role of opioids in pain management after surgery, and best practices to improve prescribing opioids.
2. Explain the purpose, identify the components, and describe the goals of an ERAS program.
3. Understand the role of the anesthesia provider during the preoperative, intraoperative, and postoperative periods of an ERAS program.
4. Describe the post-operative respiratory therapy assessment for ERAS, identify post-operative respiratory complications, and summarize oxygenation and lung expansion treatment strategies.
5. Understand occupational therapy's role in ERAS, instruct in activities of daily living, identify appropriate use of adaptive equipment and recommend home set up.
6. Understand physical therapy's role in ERAS, describe how to effectively mobilize patients, identify characteristics for early discharge or factors that lengthen stay.

Target Audience: This course is dedicated to CRNA's, RRT's, OT's, COTA's, PT's, and PTA's. Contact hours/CEU's for all invited disciplines will be provided pending approval.

Registration Deadline: April 7, 2018

Saturday, April 21, 2018

The University of Michigan-Flint
UCEN Happenings Room

8:30 -9:00 a.m.	Registration and continental breakfast provided
9:00-9:45 a.m.	Opioid Prescribing After Surgery Jennifer F. Waljee, MD, MPH, MS
9:45-10:45 a.m.	Overview of ERAS and NP role Paula Zalewski AGCNP-BC
10:45-11:00 a.m.	Break
11:00-11:45 a.m.	ERAS and Anesthesia Lisa Hosko CRNA
11:45 a.m.-12:30 p.m.	Respiratory Therapist Role Andrew Weiaruch BSRT, RRT, RRT-ACCS
12:30 p.m.-1:00 p.m.	Lunch provided
1:00-2:00 p.m.	PT/OT following ERAS for abdominal surgeries Ana Karavias OTRL and Karen Walker PT
2:00-3:00 p.m.	PT/OT following ERAS for orthopedic surgeries Sharon Courtley PT and Christina Mitchell OTRL
3:00-3:30 p.m.	Wrap up, test, survey, certificates.

Location: The University of Michigan-Flint
Harding Mott University Center
Happenings Room

Fee: \$30.00

Registration Form

Name: _____

Address: _____

City, State, Zip: _____

Phone Number: _____

Email: _____

Degree: _____ **AANA#:** _____

Employer: _____

Registration confirmation will be sent to the email you provide.

Cancellations and Refunds: Registration fee, less \$10, will be refunded, if written cancellation is received at least 14 days prior to the seminar.

No refunds after April 7, 2018.

With any questions, contact

Karen Berg at karberg@umflint.edu or 810-766-6758

Payment method:

Check #: _____
Checks should be made payable to: The University of Michigan-Flint

Credit card: Visa MasterCard American Express

Card #: _____

Exp. date: _____

Signature: _____

Amount: _____

Please return completed registration form along with payment to
Yulelissa Munger at ymunger@umflint.edu

or mail to:
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Physical Therapy Department
2157 William S. White Building
303 East Kearsley Street
Flint, MI 48502
810-766-6668

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